

EEHIST: East of England Healthcare Information Skills Trainers

searching the evidence:



TRIP: **Turning Research Into Practice**

Training Guide 8

Edition 3: June 2013

Searching the Evidence

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To help you use this guide,



indicates a step in the process of searching and retrieving articles.



indicates a tip, or an extra piece of information.

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EEHIST: East of England Healthcare Information Skills Trainers

1. Introduction

The TRIP database is a search engine that will help you find references to evidence-based information such as systematic reviews, guidelines and other high quality resources including articles from peer-reviewed journals.

The TRIP database can be found at www.tripdatabase.com

2. Planning your Search

Before you begin your search it is a good idea to think about your search question and the keywords you plan to use.

Let's search for evidence on the effectiveness of hypnotherapy to help people give up smoking.

It is best to search a database using keywords, rather than typing in whole questions. From this question there are 2 keywords:

hypnotherapy
smoking

But how about synonyms for our terms? Try and think of other relevant keywords.

E.g.: hypnotherapy / hypnosis
smoking / nicotine / smoking cessation

We can combine these subjects using Boolean Logic to retrieve pertinent results.



Boolean Logic

OR will search for articles containing any of the terms we choose. Use OR to combine synonyms, alternative spellings or related items.

AND will search for articles that contain all of the terms we have chosen.

E.g. hypnotherapy OR hypnosis

AND

smoking OR nicotine OR tobacco



Truncation

Use the truncation tool (* at the end of a word) to broaden the number of variations around a word that your search will find.

For example:

hypno* will search for hypnotherapy, hypnosis, hypnotise, hypnotised etc.



Other search tips:

- To search a phrase, enter it in quotes, e.g. "endometrial cancer".
- Plurals are searched automatically.
- TRIP also automatically searches synonyms for your subject - after searching click on the 'Synonyms' tab at the top of the search results page.

3. Searching

For basic searches, a term can be entered into the search box.



The screenshot shows a search interface. At the top left is a search box containing the text "smoking". To the right of the search box is a purple "Search" button. Further right are two buttons: "Advanced search" and "PICO search". Below the search box is a dropdown menu with a scroll bar, listing several suggested search terms: "smoking", "smoking cessation", "cigarette smoking", "smoking pregnancy", "passive smoking", "cancer smoking", "smoking lung", "maternal smoking", and "tobacco smoking".

As you type you are presented with possible search terms. Click on a suggested search term to add it to your search box, or carry on typing if none of the suggested terms are suitable.

Type your first keyword into the search box. For example:



Q smoking cessation **Search**

To focus your search you can search for subjects together, joining them with “and”



Q smoking cessation and hypnosis **Search**

4. Advanced Searching

Selecting the option allows you to search by phrase, exclude certain terms and to specify where in the actual document you would like to search. It also gives you the option to impose a time limit on the documents your search retrieves.

ALL of these words:
 Title only
 Anywhere in the document

This exact phrase:
 Title only
 Anywhere in the document
Start year:

Any of these words:
 Title only
 Anywhere in the document
Excluding these words:
 Title only
 Anywhere in the document
End year:



You can perform quite a complex search using the simple search box. For example, to bring all the keywords together from section 2 you type:

(smoking or “smoking cessation” or nicotine) and (hypnosis or hypnotherapy)

This would then search for any of the smoking keywords, then any of the hypnosis keywords, and then join the two together.

5. PICO Search

Selecting the 'PICO' option from the home page offers you an alternative way of focussing your search. This function allows you to break down a clinical question into four specific parts – **P**atient, **I**ntervention, **C**omparison and **O**utcome. You don't have to complete all four elements, but the more you use the more focussed the results.

PICO Search
PICO is a novel approach of allowing users to conduct a focussed search based on a structured clinical question. [Learn more about PICO](#)

There are 4 elements and not all are compulsory, but the more you use the more focussed the results.

Population:
Type of patient eg. diabetes

Intervention:
Any intervention eg. treatment, diagnostic test

Comparison:
Comparing your intervention with another treatment or 0

Outcome:
Outcome interest eg. reduced mortality, fewer side-effects

Search

5. Search Results

The main results column provides a list of all evidence found. By clicking on the thumbnail to the right hand side of each citation, you can link to the full text version of the document (where available).

Evidence Images Videos Education Patient Information News PubMed Clinical Queries DynaMed

78 results for "smoking cessation and hypnosis", by quality

With selected Order Important papers Synonyms Add to automated search Translate

1. Hypnosis for smoking cessation: a randomized trial.
Nicotine & tobacco research: official journal of the Society for Research on Nicotine and Tobacco 2006

2. Smoking Cessation Interventions for Pregnant Women and Mothers of Infants: A Review of the Clinical Effectiveness, Safety, and Guidelines
Canadian Agency for Drugs and Technologies in Health - Rapid Review 2012

3. Alternative smoking cessation aids: a meta-analysis of randomized controlled trials
DARE 2012

Refine 79 results by evidence type

- All Secondary Evidence
 - Evidence-based Synopses 5
 - Systematic Reviews 33
 - Guidelines
 - Aus & NZ 3
 - Canada 4
 - UK 3
 - USA 30
 - Other 0
- Clinical Q&A 3
- Key Primary Research 3
- Controlled Trials 39
- Excerpted Primary Research 3
- Case Reports 0
- eTextbooks 31

Your search results can be re-ordered by date or relevance, or filtered by those papers most linked to from the results of the search.

The column on the right of the main results section gives a breakdown of results based on an evidence based medicine hierarchy:

Evidence-based Synopses

Systematic reviews

Guidelines (both national and international in coverage)

Clinical Q&A

Key primary research is taken from the big five internal medicine journals (NEJM, JAMA, Lancet, BMJ and Annals of Internal Medicine) and from Evidence Updates.

Controlled Trials

Extended primary research comes from a core set of 300 journals identified using a combination of impact factor and expert advice. Primary research is linked to a PubMed abstract. For guidance on obtaining full text please see Searching the Evidence Guide 3: E Journals.

Case Reports

ETextbooks

Click on the appropriate section to see the results under each evidence type.

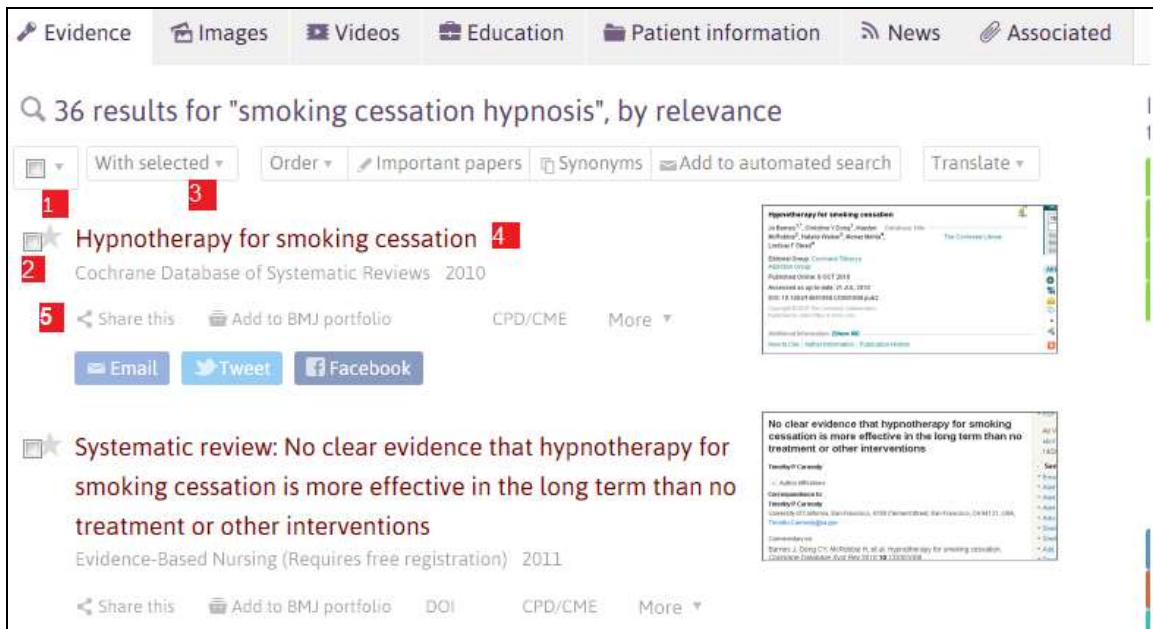
The tabs above the main results column allow you to retrieve content by type, including images, videos, patient information leaflets, educational courses and news.

6. Dealing with your search results

Although using the 'Refine by evidence type' facility will improve your search results, there may still be undesired returns remaining within your results list. Any further filtering will need to be undertaken manually on an individual record by record basis.

All result texts can be reviewed individually, printed or emailed (either as a single record or as a group list) for future filtering or review.

From the main results column field, ticking specific options against each result will allow different operations to be undertaken.



1 Selecting “all” selects the entire results list, ready for emailing or exporting (see **3**).

2 Tick this box to select an individual result for emailing or exporting. Several individual records can be chosen together.

3 Once the required records are selected, you may choose to do one of three options:

- Email the results
- Open Selected files
- Export the results as a file.

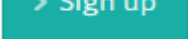
4 Clicking the highlighted title opens the article / reference direct from the host site in a new window.

5 Share the result(s) by clicking on the “Share this” option to email, tweet or facebook.

7. Registering and Logging in


You do not need to register with TRIP in order to search, however registration will give you access to additional features:

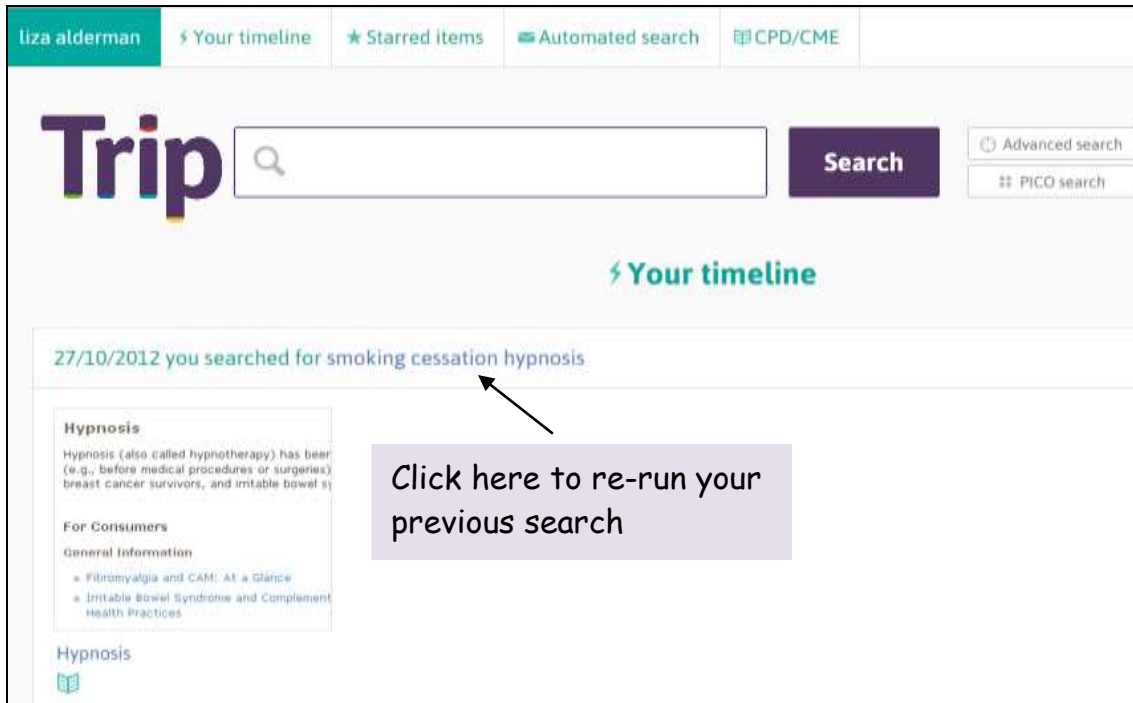
- ❑ Keeping up to date with new research based on your clinical specialty and/or specific topics of interest. As new content is added to the database, items relevant to your interests will be emailed out to you.
- ❑ CPD - TRIP will record all the material you've looked at. When you search the database Trip also searches documents you have previously viewed.
- ❑ Access to full text articles (where applicable)

To register, click on the  link on the homepage and fill in the registration form. To ensure access to full text articles (where applicable) remember to complete the “**Your institutions**” section. You may select more than one organisation if you are affiliated to more than one.



You can also login using your Facebook or Twitter account details.

Once registered and logged in, you will be shown  which details all your recent searches. By clicking on the blue hyperlink for each search listed, the search will re-run automatically.



Once you are logged in, you can access other features of the database, including:

- **Starred items** As well as capturing, while logged in, all your activity on TRIP there is also the facility to 'star' an item. This is a mechanism to highlight documents that users think are particularly useful/interesting/noteworthy.
- **Automated search** When registering with TRIP you have the option to add terms of interest. This then allows the database to highlight new research which might be of interest. As new content is added, TRIP searches this new content using your recorded keywords.

Accessing full text articles

All articles in TRIP show as having a link to the institution(s) selected at the time of registration. However, this only indicates that full text **MAY** be available, not that it is necessarily so. To see if the citation does link to the full text, click on the institutional link:



A screenshot of a search result for the article "Hypnosis for smoking cessation: a randomized trial". The title is at the top left, followed by a star icon. Below the title, the journal information is displayed: "Nicotine & tobacco research : official journal of the Society for Research on Nicotine and Tobacco 2008". The full text location is listed as "Full Text: Hinchingbrooke Cams & Peterborough - Primary care". At the bottom, there are several action buttons: "Share this", "Add to BMJ portfolio", "DOI Cited 2", "CPD/CME", and a "More" dropdown menu. On the right side, there is a preview of the article's abstract and a "Full Text" link.

You will then be taken to another screen that will look something like this:



A screenshot of the article details page for "Hypnosis for smoking cessation: A randomized trial". The title is at the top. Below it, there are two columns of metadata. The left column includes "Article/Chapter" with a "Cite this item" link, "Authors: Timothy Carmody", "Publication: Nicotine and Tobacco Research", and "ISSN: 1462-2203". The right column includes "Date: 2008", "Volume: 10", "Issue: 5", "Page(s): 811", and "Publisher: Carfax Publishing Company". Below the metadata, there is a link to "Edit this citation". A green banner with a checkmark icon states "Full text is available from these sources:". Below this banner, there is a link to "View full text" with a document icon, and a link to "Nicotine and Tobacco Research MEDLINE with Full Text". At the bottom, there is a section titled "Links to this publication" with a minus sign icon. Below this section, there is a link to "Nicotine and Tobacco Research" and the text "MEDLINE with Full Text ; 1999-03-01~12 months ago".

Click on the full text link above the journal title to access the article or click "**links to this publication**" to see the date coverage for the journal title.

9. Help and Training

For further help, please contact:

10. Other Guides

Contact your local NHS Library, or go to <http://www.eel.nhs.uk> for copies of other "Searching the Evidence" guides:

1. Athens Passwords
2. NHS Evidence
3. E-Journals
4. E-Books
5. Healthcare Databases
6. Cochrane Library
7. PubMed
8. TRIP
9. Search Engines

For more information please contact Basildon Healthcare Library

T: 01268 524900 ext 3594

E: library@btuh.nhs.uk

W: www.btuheks.nhs.uk